



OHIO RACEWALKER

VOLUME XXXV, NUMBER 7

COLUMBUS, OHIO

SEPTEMBER 1999

40 Km to Pecinovsky

Fort Monmouth, N.J., Sept. 19 (From Ray Somers)--Steve Pecinovsky dueled with Warrick Yeager for 28 km and then pulled away for an "easy" win in today's National USATF 40 Km racewalk championship. Steve finished the race in 3:29:15, not at all bad for an old man. The battle of the 40 plusers (Steve 44, Warrick 45) was over for sure when Yeager dropped out at 34 km. John Soucheck, who at 34 was the youngest competitor in the field (along with Bruce Logan), took second in 3:44:53. He then continued on to 50 Km in 4:43:20 to qualify for next year's Olympic trials.

Age group records were set by Dave Romansky and Sherry Brosnahan. Dave, a youngster for 61, finished sixth overall in 4:02:22. Sherry, at 47, won the women's race in 4:14:06. The Shore AC won all three team titles (men, women, and masters), and, indeed, were the only ones to have three finishers in each of the categories. Unfortunately, this once popular race, probably for a multiplicity of reasons, continues to draw little attention from the nation's elite walkers or even the second tier. The results:

Men: 1. Steve Pecinovsky (44), Potomac Valley 3:29:15 2. John Soucheck (34), Shore AC 3:44:53 3. Ian Froman (38), Wolverine Pacers 3:57:14 4. Bob Keating (52), Northeast Walkers 4:00:59 5. Ed Fitch (38), Miami Valley TC 4:02:07 6. Dave Romansky (61), Shore AC 4:02:22 7. Jack Lach (55), Shore AC 4:23:22 8. Bruce Logan (34), Metropolitan Walkers 4:23:22 9. Al Cowan (42), Miami Valley TC 4:25:14 10. Arvid Rolle (65), easy Striders 4:29:16 11. Dr. Pat Bivona (51), Park Race Walkers 4:43:23 12. Tim Staats (51), Cal Walkers 4:46:19 13. Alan Price (52), Potomac Valley 4:47:30 14. Tom Quattrocchi (48), Shore AC 4:50:46 15. Gerry Bocci (61), Motor City Pacers 5:09:00 17. John Molendyk (57), Shore AC 5:13:21 18. Jack Lucey (62), Freehold Area RC 5:24:31 19. Eliot Collins (47), un. 5:35:10 20. Dick VonBenthuyssen, Shore AC 5:40:02 21. Herb Appell (80), Erie TC 6:04:04 (11 did not finish, including Yeager (3:02:03 at 34 km), Paul Malek (43) 3:04:12 at 32 km, and Jack Starr (71) (3:28:29 at 30 km); 1 DQ

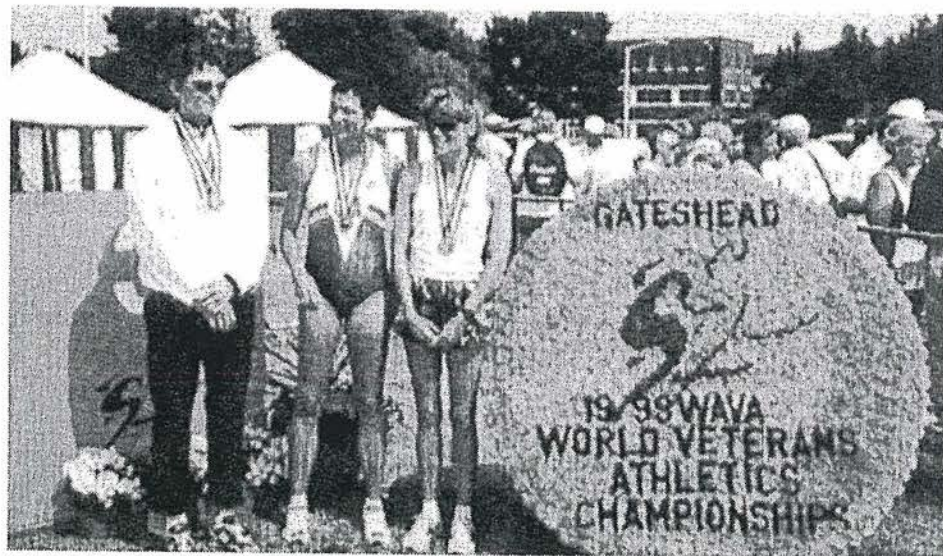
Women: 1. Sherry Brosnahan (47), Shore AC 4:14:06 2. Eileen Druckenmiller (37), un. 4:37:17 3. Jeanne Bocci (56) Wolverine Pacers 4:43:49 4. Anne Gonella (38), Shore AC 4:44:40 5. Sandy Rubel (52), un. 5:13:59 6. Beth Robinson (42), Shore AC 6:31:13 (3 DNF including Donna Chamberlain (42), Shore AC 1:47:21 for 20 Km; 1 DQ)

Other Results

5 Km, Cambridge, Mass., Sept. 12--1. Rich McElvery (42) 28:11 2. John Costello (41) 28:18 3. Dick Ruquist-Yanapolous (61) 29:39 **5 Km, Sherburn, Mass., Sept. 19--**1. Brian Savilonis (49) 25:23 2. Joe Light (52) 25:45 3. Stanley Sosnowski (49) 28:25 4. John Costello (44) 28:40 5. Randall Stafford (41) 28:55 6. To Knatt (59) 29:34 (20 finishers) **Women--**1. Jeanne Shepardson (65) 32:53 (21 finishers) **Coney Island 10 Mile Handicap, Oct. 14, 1998** (A very late result supplied by Elliott Denman)--1. Howard Burkhart (54) 1:47:00 2. Mercedes Everett (40) 1:48:42 3. Slava Troshkin (49) 1:22:36 (fast time, started 27 minutes after first two) 4. Richard Harper (48) 1:33:48 5. Rifkat Sultanov (54) 1:23:53 (2nd fast time) (Elliott notes: "I

The Ohio Racewalker is published monthly in Columbus, Ohio. Subscription rate is \$10.00 per year (\$12.00 outside the U.S.). Editor and Publisher: John E. (Jack) Mortland. Address all correspondence regarding both editorial and subscription matters to: Ohio Racewalker, 3184 Summit St., Columbus, Ohio 43202. E-mail address: jmortlan@columbus.rr.com
Approximate deadline for submission of material is the 20th of the month, but it is usually the 25th or later before we go to the printer, so later material will probably get in.

would love to see this old and classic race return to prominence. Howard (Jake) Jacobson has worked hard to keep it going. The race needs our support." Note that this year's race is on Oct. 10. See schedule below.) **3 Km, Alexandria, Virginia, Aug. 11--1.** Victor Litwinski (55) 17:23.20 2. John Gersh (52) 17:54 **3 Km, Alexandria, July 25--1.** Kora Bouffler 15:41.70 Men: 1. Bruce Booth (51) 15:02.80 2. Victor Litwinski 17:48 **1600 meters, same place--1.** Kora Bouffler 14:41.70 **3 Km, Miami, Sept. 5--1.** Rodolfo Puime 13:49 2. Juan Yanes (50) 15:35 3. Janos Szalas (43) 15:42 4. Bruce Ihrman 16:08 5. Bob Cella (62) 17:13 Women: 1. Roswitha Sidelko (46) 16:11 2. Sarah Perry 16:12 3. Tammie Corley 17:31 **USATF National Masters, Orlando, Florida, 5 Km, Aug. 27:** Women 40-44--1. Victoria Herazo, Nev. 25:08.25 2. Lyn Brubaker, Penn. 25:26 3. Donna Chamberlain, Penn. 25:58 4. Monetta Roberts, Alabama 28:41 Women 45-49--1. Sally Richards, Col. 27:21.83 2. Janet Comi, Penn. 27:30 3. Peggy Müller, Col. 28:15 4. Sherry Brosnahan, N.J. 29:14 5. Debbie Topham, Mich. 29:30 6. Roswitha Sidelko, Fla. 30:16 Women 50-54--1. Jackie Reitz 28:48.93 2. Kathy Frable, Texas 30:12 3. Pat Walker, Ind. 36:34 55-59--1. Janet Higbie, Ind. 31:07.61 2. Jeanne Bocci, Mich. 34:07 3. Marjorie Pilla, Fla. 34:48 4. Kay Cella, Fla. 36:13 60-64--1. Sami Bailey, Ind. 32:45.44 2. Joanne Elliott, Fla. 33:30 3. Ruth Everson, Ind. 34:35 4. Joy Clingman, Fla. 36:56 65-59--1. Jeanne



The medal sweepers. U.S. women swept the medals in the Age 40-44 10 Km at the WAVA championships in Gateshead, England in August (results in the August issue). The winning threesome, from left: Victoria Herazo (2nd), Lyn Brubaker (1st), and Debbie Benton (3rd).

Shepardson, Mass. 34:06.77 2. Helen Amazeen, Alabama 35:28 70-74--1. Miriam Gordon, Fla. 35:35.92 2. Joan Rowland, N.Y. 35:47 1 DQ 75-79--1 DQ Men 40-44--1. William Vicory, Georgia 34:21 45-49--1 DQ 50-54--1. Norm Frable, Texas 25:56.56 2. Max Walker, Ind. 27:05 3. Juan Yanes, Fla. 27:57 4. Ed Cunphy, Fla. 28:41 1 DQ 55-59--1. Don DeNoon, Ill. 24:07.50 2. Jim Carmines, Penn. 26:32 3. Ron Shields, Penn. 29:38 4. Bernie Finch, Wis. 31:57 5. Larry Freeman, Penn. 35:52 60-64--1. Dave Romansky, N.J. 27:23.53 2. John Elwarner, Mich. 27:41 3. Paul Johnson, Ark. 29:54 4. Ray Everson, ind. 30:13 5. Bob Cella, Fla. 30:32 6. Spencer Parrish, Conn. 35:47 65-59--1. Alfred DuBois, Ill. 30:01.97 2. Tom White, Fla. 31:54 3. Bob Fine, Fla. 32:09 4. Jake Munnell, Georgia 36:31 5. Richard Shepardson, Mass. 38:42 2 DQs 70-74--1. Bill Flick, Penn. 32:56.26 2. Frank Cheseck, Cal. 41:52 75-79--1. Masashi Noritake, Cal. 34:26.10 2. Donald Gladding, Ariz. 36:29 3. Paul Geyer, Minn. 38:50 1 DQ 80-84--1. Cokey Daman, Vir. 35:21.06 1 DQ **Women's 10 Km, Aug. 29** 35-39--1. Lisa Sonntag, Fla. 52:12.84 40-44--1. Donna Chamberlain 52:57.88 2. Victoria Herazo 53:36 3. Monetta Roberts 60:02 45-49--1. Sally Richards 57:20.45 2. Janet Comi 57:26 3. Peggy Müller 58:45 4. Debbie Topham 60:31 5. Sherry Brosnahan 61:43 50-54--1. Gayle Johnson, Missouri 57:31.95 2. Jackie Reitz 60:33 3. Kathy Frable 63:22 4. Pat Walker 77:22 55-59--1. Janet Higbie 65:10.84 2. Jeanne Bocci 71:39 3. Kay Cella 77:25 60-64--1. Joanne Elliott 70:57.14 2 DQs 65-59--1. Helen Amazeen 74:47.30 1 DQ 70-74--1. Miriam Gordon 74:06.44 2. Joan Rowland 77:57 3. Ruth Perraud, Fla. 81:27 75-59--1. Margaret Walker 86:52.82 **Men's 20 Km, Aug. 29:** 40-44--1. Reynaldo Carranza, N.Y. 1:47:30 2. Janos Szalas, Fla. 2:09:40 45-49--1. Ross Barranco 2:20:50 50-54--1. Norm Frable 2:01:40 2. Max Walker 2:05:50 3. Juan Yanes 2:08:00 4. Ed Dunphy 2:15:10 1 DQ 55-59--1. Jim Carmines 1:58:30 2. Ron Shields 2:15:20 3. Bernie Finch 2:36:40 2 DQs 60-64--1. John Elwarner 2:12:00 2. Ray Everson 2:14:10 3. Parrish Spencer 2:30:50 3 DQs 65-59--1. Alfred DuBois 2:20:50 2. Tom White 2:22:10 3. Bob Fine 2:27:00 70-74--1. Bill Flick 2:25:00 2. Frank Cheseck 2:52:20 75-59--1. Masashi Noritake 2:26:30 2. Paul Geyer 2:46:30 **Women's 1600 meters, Alexandria, Vir., Aug. 8** (These results are not with the earlier Alexandria results because pages 1, 2, and 15 had already gone to the printer when the results arrived.)--1. Kora Bouffler 7:59.97 (Kora, we now learn, is from France) **Women's 3 Km, same place--1.** Kora Bouffler 15:33.10 **Men's 3 Km, same place--1.** William Jesse Leggett 14:09.30 2. John Gersh 18:30 **Women's 3 Km, Alexandria, Aug. 22--1.** Kora Bouffler 15:30.70 **Men's 3 Km, same place--1.** Victor Litwinski 71:54 **Potomac Games, Sept. 4-5: Women's 1 Mile--1.** Kora Bouffler 8:08.91 **Men's 1 Mile--1.** Victor Litwinski 9:08.10 **Men's 5 Km--1.** Jack Starr (71) 30:19 2. Litwinski 31:18 **5 Km, Dauphin Island, Ala., Sept. 11--1.** Monetta Roberts (40) 27:30 2. John Vignes (51) 29:03 3. Vicki Merry (42) 30:44 (22 finishers) **Ohio 5 Km, Grove City, Sept. 12--1.** Jill Zenner 24:10.5 2. Cheryl Rellinger 24:40 3. Tina Peters (11) 32:21 4. Debra Sheridan (43) 33:09 **Men--1.** Steve Pecinovsky 22:10.6 (Steve returns to his old Ohio stomping grounds. Stationed at Wright Patterson AFB for at least the next year, he is now living in Yellow Springs.) 2. Dan Dalton (17) 23:34.5 3. Rod Craig (41), Mich. 23:37.8 4. Ed Fitch 27:14 5. Vince Peters (45) 27:49 6. Ross Barranco, Mich. 27:56 7. Geoff Robbins 30:07 8. Tom Passero 30:17 9. Jack Shuter 34:53 **5 Km, Allegan, Mich. Aug. 21--1.** David Dunn 25:22 **Women--1.** Lori Wallace 26:45 **5 Km, Hastings, Mich. Aug. 28--1.** Lori Wallace 27:31 **Doc Tripp Memorial 10 Km, Broomfield, Col., Aug. 15--1.** Mike Blanchard 56:33 2. Sally Richards (46) 57:16 3. Peggy Müller (45) 60:58 **5 Km, same place--1.** Scott Richards (49) 26:51 2. Daryl Meyers (56) 30:16 **5 Km, Littleton, Col., Aug. 22--1.** Terry Femmer (47) 27:00 **5 Km, Denver, Aug. 22--1.** John Tarin (47) 26:46 2. Mike Blanchard 26:52 **5 Km, Denver, Sept. 5--1.** Lorie Rupoli (47) 29:46 **5 Km, Loveland, Col., Aug. 27 (unjudged)--1.** Dan Pierce (43) 26:43 2. Terry Femmer 26:51 3. Lonnie Schreiner (56) 27:22 4. Daryl Meyers 29:35 **10 Km, Marin, Cal., Sept. 6--1.** Shoja Torabian 53:41 2. Joe Berendt 53:50 3. Jack Bray 56:40 (8 finishers) **Women--1.** Virginia Fong 66:56 (14 finishers) **3 Km, Kentfield, Cal., Sept. 12--1.** Jack Bray 16:06.98 2. Doris Cassels 18:56 (10 finishers) **4 Mile,**

Larkspur, Cal., Sept. 18--1. Jack Bray 34:47 2. Brenda Usher-Carpino 37:30 3. Doris Cassels 40:58 (10 finishers) **2.8 Miles, Seattle, Aug. 14--1.** Stan Chraminski 23:59 2. Bob Novak 25:02 3. Bart Kale 25:19 4. Joslyn Slaughter 26:20 4. Dick Zerbe 27:15 6. Bev LaVeck 27:24 (10 finishers) **1 Hour, Banks, Oregon, Sept. 25--1.** Rob Frank 11,287 meters 2. Stan Chraminski 11,035 3. Ed Kousky 10,888 4. Bob Novak 10,745 5. Doug VerMeer 10,420 6. Kim Miller 10,065 7. George Ospahl 9722 7. Bev LaVeck 9702 8. John Backlund 9154

From Across the World

Women's 10 Km, Castelnovo Monti, Italy, Aug. 7--1. Elisabetta Perrone 43:03.7 2. Erica Alfridi 43:19.8 3. Annarita Sidoti 43:38.2 4. Rossella Giordano 44:39.3 5. Critiana Pellino 44:47.7 6. Gisella Orsini 45:29.1 **Men's 10 Km, same place--1.** Michele Didoni 39:03.2 2. Giovanni DeBenedictis 39:12.3 3. Arturo DiMezza 39:27.3 4. Alessandro Gandellini 39:59.3 5. Ivano Brugnetti 40:13.1 6. Andrea Giungi Marco 40:21.5 7. Enrico Lang 40:34.3 8. Giovanni Pericelli 40:51.8 (15 under 44:00. 5 ritirato, 1 squalificato--presumably retired and disqualified) **20 Km, Dublin, Ireland, Sept. 11--1.** Darrell Stone, Eng. 1:25:10 (course record) 2. Pierce O'Callaghan 1:25:49 3. Craig Barrett, N.Z. 1:26:49 4. Robert Heffernan 1:31:55 5. Jeff Cassin 1:33:38 **Women's 1 20 Km, same place--1.** Ivonne Vares, Mexico 1:38:11 2. Catherine Charnock, Eng. 1:38:29 3. Olive Loughnane 1:38:46 **Vets Women's 3 Km, same place--1.** Jill Langford, Eng. 18:44 (former international). . . 3. Kati Kelly, USA 20:38 (As the results note, wife of Irish Olympic racewalker John Kelly, as they do not note, classmate of your editor, Upper Arlington H.S. 1953, and fellow Olympic torch bearer in 1996. See January 1999 ORW for a note on the Kellys last visit to Columbus and a rerun of 1 1973 article on John's walk across Death Valley.) **International Match, Ashford, England, Aug. 28:** Men's 5 Km--1. Anthony Gillet, France 19:51.44 2. Darrell Stone, Eng. 20:04 3. Martin Bell, Eng. 20:36 Women's 3 Km--1. Catherine Berthonnaud, France 13:34.25 2. Catherine Charnock, Eng. 13:41 **British RWA 50Km Championship, Leamington, Sept. 11--1.** Chris Cheeseman 4:31:08 (2:03 at 25 Km) 2. Mike Smith 4:44:33 3. Chris Berwick 4:52:28 (A good race for 25 Km with Andri Drake at 1:59 and Mark Easton and Martin Bell with Cheeseman at 2:03, but only Cheeseman finished. It was rather warm for England (high 70s) and humid, which may offer some explanation for the result.) **All-Africa Games 20 Km, Johannesburg, Set. 18--1.** David Kimutai, Kenya 1:29:12 2. Moussa Aouanouk, Algeria 1:29:36 3. Vincent Asumang, Ghana 1:48:00 (6200 feet altitude, 10 entries and 6 DQs) **Women's 10 Km, same place--1.** Susan Vermeulen, South Africa 49:33 2. Nagwa Saleh, Egypt 50:19 3. Bahia, Algeria 51:31 **Women's 5 Km, Warsaw, Sept. 4--1.** Olga Panfyorova, Russia 13:20.26 2. Bozena Gorecka 13:37.10 **Men's 5 Km, same place--1.** Ilya Markov, Russia 18:47.15 2. Robert Korzeniowski 18:54.87 **City Games of China Men's 20 Km, Sept. 15--1.** Ping Wu 1:24:01.6 2. Hongjun Zhou 1:24:29 3. Chuang Pei 1:24:29 4. Shigang Wang 1:26:23 5. Yu Wang 1:27:02 6. Qingyuan Zhao 1:27:35 7. Guoqing Li 1:28:20 8. Qiyun Yu 1:28:51 9. Pu Wang 1:28:55 10. Libo Wang 1:29:50 **City Games of China Women's 20 Km, Sept. 19--1.** Ailing Xue 1:37:19.1 2. Haiyan Li 1:37:23 3. Kelian Gao 1:37:34 4. Yan Zuo 1:38:22 5. Dongmei Guo 1:28:30 6. Min Han 1:38:40 7. Xingli Jian 1:39:43 8. Haiyan Chen 1:40:15 (1 DQs) **Australian 30 Km, Melbourne, Sept. 5--1.** Duane Cousins 2:18:22 2. Domonic McGrath 2:18:59 3. Shane Pearson 2:23:57 **Women's 15 Km, same place--1.** Wendy Muldoon 1:14:49 2. Lara Kali-Ali 1:17:19 **Under age 20 20 Km, same place--1.** Troy Sundstrom 1:29:58 **100 miles, Melbourne, Australia, Sept. 18-19--1.** Sandra Brown, England 19:14:36 (9:06:04 at 50 miles, ahead of pace to better her own world best for women, but slowed over the final third of the race. Perhaps the fact that this was her sixth 100 mile race of the year had something to do with that. She has been at this for many years and continues to amaze.) 2. Herbert Neubacher, Germany 21:03:07 3. Jill Green, Eng. 21:15:35 4. Gerald Manderson, N.Z. 21:42:57 5. Robin Whyte 21:47:50 6. Carol Baird 22:16:43 7. Gerrit de Jong, Holland 22:51:24

Racewalk Events Are Available For Your Pleasure As Listed Below

Sat. Oct. 9	5 and 10 Km, Los Angeles (B) 1 Hour, Plantation, Fla., 7:30 am (Q) North Region 5 Km, Lawrence, Ind. (V) 5 Km, Arvada, Col. 9 am (H) 2.8 Miles, Seattle, 9 am (C)
Sun. Oct. 10	5 Km, League City, Texas (Y) 10 Mile Handicap, Coney Island, N.Y., 9 am (F) 1 Hour, Kalamazoo, Mich., 1 pm (I) 1 Hour, Aurora, Col., 9 am (H) 1 Hour, Kentfield, Cal. (P) 10 Km, San Francisco, 9:30 am (R)
Sat. Oct. 16	5 Km, Miami, 8 am (Q) 15 Km, Atlanta (D) 2 Miles, Albuquerque, N.M. (W)
Sun. Oct. 17	15 Km, Seaside Heights, N.J. (A) Metropolitan 30 Km, New York City, 8 am (F) 10 Km, New London, Conn. (G) 5 Km, Denver, 8 am (H) 1 Hour, Kentfield, Cal., 8:30 am (P)
Sat. Oct. 23	5 Km, Aurora, Col., 9 am (H) 10 Km, Monterey, Cal. (R) 5 Km, Miami, 7:30 am (Q)
Sun. Oct. 24	5 Miles, Freehold, N.J., 9 am (A) 10 Km or more, as you choose, Kenosha, Wis. (O) 1/2 Marathon and 5 Km, Denver, 8 am (H)
Sat. Oct. 30	South Region 15 Km, Tulsa, Oklahoma (Y) 5 Km, Chicago (S)
Sun. Oct. 31	Ohio and North Region 50 Km and Women's 20 Km, Springfield, Ohio (M) 1 Hour, Royal Oak, Mich., 10 am (N) 5 Km, Denver, 10 am (H) 2.8 Miles, Seattle, 9 am (C)
Sat. Nov. 6	20 Km and 1 Hour, Arlington, Virginia (J)
Sun. Nov. 7	10 Km, West Concord, Mass. (G) 5 Km, Miami, 7 am (Q) 5 Km, Denver, 9:30 am (H) 5 Km, Los Angeles (B) 5 Km, Roseville, Cal. (P)
Sat. Nov. 13	5 Km, Atlanta (D) USATF National Masters and South Region 10 Km, Ft. Lauderdale, Florida (X)
Sun. Nov. 14	1 Hour, Kentfield, Cal., 9 am (P) Marathon and 1/2 Marathon, Long Beach, Cal. (B) Eastern Regional 10 Km (A)
Sat. Nov. 20	5 and 10 Miles, Washington, D.C. (J) Southwest Regional 1 Hour, Myrtle Beach, S.C. (Z)
Sun. Nov. 21	Grand Prix #1 (distance?), New York City, 8:30 am (F)
Thu. Nov. 25	4 Mile, Denver, 10 am (H)
Sat. Nov. 27	5 Km, Doraville, Georgia (D)
Sun. Nov. 28	Grand Prix #2, New York City, 9 am (F)

Sun. Dec. 4 5 Km, Miami, 7:30 am (Q)
 Sun. Dec. 5 5 Km, Point Pleasant, N.J. (A)

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From Heel to Toe

Racewalking's losses. Two recent deaths have shocked the racewalking world. Richard Charles, a long-time ORW subscriber, who directed New Orleans' first racewalking programs beginning in 1983, suffered a fatal stroke while officiating at the Junior Nationals near his home in Austin, Texas, and died on August 14. For the past decade, since moving to Austin, he was Racewalking Committee chair in the South Texas Association of USATF. He also served a term as the association's secretary. He was coordinator of racewalk judging for the past several Senior Games national championships. Bert Pickell of San Antonio notes: "Richard has left a supreme legacy that will benefit fellow judges, coaches, parents, and competitors in many years to come. Whether it be giving advice to a crying 7-year old after her first racewalk or speaking to a group of cranky, elderly competitors, Richard was always on the mark. He had a way of adapting to a group or a person and sincerely providing personal guidance. His love for the sport was evident in his compelling, and, in many ways, contagious, drive and energy in helping develop walkers or judges." Ten days later, Joann Beers, Bob Mimm, and George Solis were involved in a hiking accident on the Zugspitze, the highest peak in the Bavarian Alps. As they were hiking, the weather turned foul, and the three decided to turn back. While crossing over a loose, rocky section, some rocks gave way. Joann slipped. Bob tried to help her and both were carried down the mountain side by a rocky avalanche. Help did not arrive for 3 hours. In what may have been a combination of trauma and cold, Joann did not make it. Bob was taken to the hospital in Garmisch seriously bruised and battered. Joann, an active walker in Southern California, was 4 days short of her 74th

birthday. From Richard Oliver: "Joann was a warm presence at every event, and if she didn't come to race, she would always step forward and say, 'Do you need any help?'" And, from Elaine Ward: "She was dearly loved by her many, many friends in Southern California and by all those who knew her and raced with her throughout the country." Bob Mimm was expected to be in the hospital for about 2 weeks following the accident. . . **Racewalk Olympic Trials update.** From Ron Daniel: In the early spring, the National Racewalk Committee requested that the 50 Km Olympic Trial be held on Feb. 13, a date change from April 16. When California State University Sacramento accepted this date change, they also informed the Sacramento Olympic Trials Organizing Committee that on this new date, there would be construction on a portion of the course that was used last February, thereby necessitating a new course. The new course being evaluated is a 2000 meter out and back course, all flat and with one gentle bend. Road width is from 35 to 65 feet. The turn-arounds will use the maximum available road width. It has been agreed that the same course will be used for the 20 Km trial races in July. However, the 50 Km will be all on the road and not enter the stadium, while the 20s will start and finish on the stadium track. A paved transition surface will be constructed for the racewalkers to exit and enter the stadium. Starting times have not yet been determined. . . **Reactions to Jonathan Matthews' article.** Jonathan Matthews article in our July issue has brought two reader responses, both from the medical profession. Podiatrist Howard Palamarchuk, with a long-time connection to racewalking: "Read with both amusement and dismay about Jonathan Matthews. Sad to see such allegations. A simple explanation for Jonathan's recent phenomenal performances--he is for the first time in a long time **injury free**. Combined with his healthy lifestyle, Jonathan is able to perform solid efficient training, free from anxiety and up to his full potential. As manager of the 1995 Beijing World Cup Team, I know only too well how beat Jonathan was by his chronic injuries. Not only did he suffer his own physical pain, but also the mental pain of letting his team down. So more power to Jonathan. To his detractors--let them find other excuses for their own frailties." And from Dr. Douglas Johnson in Morganfield, Kentucky, a member of the Clinic Advisory Board of the American Running and Fitness Association: "Although I agree with the intent of Jonathan Matthews' commentary, I must disagree with his comments concerning medical intervention in the competitive or recreational athlete. The first and most important step in the athletic lifestyle is, of course, a basic healthy lifestyle: proper rest, nutrition, strength-training, aerobic training, and avoiding toxic and harmful substances; all the things your mother probably told you. The longevity of outstanding athletic careers such as that enjoyed by Jonathan, Gary Morgan, Don DeNoon, and others is a testimony to that principle. However, as a family physician who treats many local athletes, I can tell you that many athletes are not as fortunate as Jonathan has been, despite living exemplary lifestyles. Such diverse medical conditions as diabetes, mellitus, exercise-induced asthma, hypertension, endogenous depression, athletic amenorrhea, and familial hypercholesterolemia can usually be adequately controlled with medical intervention in addition to lifestyle modification. Many patients do not have the medical or training knowledge to correct training errors or biomechanical difficulties on their own. A health professional can often advise athletes on how to recover from injuries or prescribe a treatment plan that may or may not include medications. I have treated many athletes who could not otherwise participate in sports, if not for their proper use of medications, athletic braces, and training advice. Medical professionals are more than just anabolic hormones and ergogenic aids. Although I may use vitamin supplements and anti-oxidant products, remember that just because a product is "natural" does not make it safe or effective. Hemlock, strychnine, and rat feces are also natural, but I wouldn't use them. The point to remember is that a basic healthy lifestyle is still the most important aspect of an athletic life, but sports medicine has come a long way in the last 30 years. Let's not lose compassion for the athletes who are less fortunate and truly benefit from medicinal intervention. . . **Re-enactment summer (and a humble thanks to the great one--Henry).** From Elliott Denman: As we all (?) remember, John Humcke, Jr. of the NYAC scored a decisive triumph over Elliott Denman of the

N.Y. Pioneer Club at the June Metropolitan AAU 3 Km championship at Travers Island, N.Y., only to see Denman score a shocking upset one week later at the National AAU 3 Km in Boulder, Col., a high-altitude test that had both gasping for breath at race conclusion. Well, the two old (?) friends and competitors marked the 40th anniversary of these events with three rematches this summer in the 5 Km Takanassee Lake Monday night walks in Long Branch, N.J. July 12: Rematch No. 1--Humcke trails much of the way but outkicks Denman down final straightaway, 35:25 to 35:30. (Times not guaranteed, but close.) They place eighth and ninth in the all-star (?) field. July 26: Rematch No. 2--History repeats. 40 Years later, Denman turns the tables after the initial setback, surging ahead after the first of 4 laps to take the decision. 35:15 to 35:20 (approx.) for ninth and tenth. Aug. 2: Rematch No. 3--Rubber rematch (wherever that term derives). Humcke takes it easily. It's not even close. Humcke fourth in 35:10. Denman lumbers across in 36:20, weary and a far cry from his former self in fifth. Moments later, we both applaud each other's efforts and raise a silent toast to our great mentor and marvel of a man, Henry Laskau, now going through a most difficult time of it in Florida. We both salute the encouragement given by Henry early in our careers in this great sport. (Ed. I can join that toast, though I was never in the close contact with Henry that these two were. Columbus, Ohio put me 600 miles away. But I did receive encouraging words from Henry at different times early in my career, and encouragement always helps. I almost appended to that "in a lonely sport." But, that's true only if you are seeking the adulation of the multitudes. If you are satisfied with the companionship of other competitors, such as Elliott and Henry and the many, many others I could name--and who shouldn't be satisfied with that--there can be no less lonely sport than ours. Thanks Elliott--and Henry-- for these memories and for all you have brought to the sport and to me through the years. May all my readers raise their glasses, as well.) Elliott adds: And we both vow to get in some additional training so that future rematches (and let's hope there are many) more closely resemble our rate of progression in 1959!.

News note. (More from Elliott) History was made this summer. Shannon Gillespie, 12 going on 13, became the youngest open-event winner in the 36-year history of the Takanassee Lake 5 Km races in Long Branch when she won a Monday night session in 28:31. Shannon, soon after, showed her immense talent by winning the National Junior Olympic crown in Omaha in 15:33--faster than the boy's winner in the same age group. We certainly wish her many years of great success.

Opinion. (Yet more from the pen of the prolific Mr. Denman) America urgently needs more all-comers weekly road races and track meets each summer. Our own Takanassee Lake 5 Km walks on Mondays and 1-Mile walks on Wednesdays at Ocean Township High School all-comers meets have been much fun and big successes. The Wednesday 1-mile walks are started on a handicap basis. Athletes ranged from 12 to 79. Head starts up to 5 minutes were given. And in the last meet of the series, 11 of the 13 starters were still tightly bunched coming off the last turn. A sprint finish decided the race and was most exciting! (Ed. All comers track meets became hugely popular all over the country in the late '50s. I used to compete in them here at East High School even before I was into racewalking and would also go up to Cleveland to meet there. I think they started to peter out as the emphasis and energy turned ever more to elitism. The all-comers meets, though, had always given the lesser athletes the chance to compete with the elite. Gosh, I remember the embarrassment of being beaten in the high jump by Jim Marshall, Minnesota Vikings Hall of Famer, who was a great discus thrower, but shouldn't have jumped higher than me (I thought).. That, of course, was before he was playing professionally, since these were amateur meets.

Finally, Elliott's wish list. (Or, "Wouldn't it be great department") 1. A fantasy camp at Chula Vista opening the USOTC facility to rank and file and masters, who could see first-hand what's going on and, hopefully, get speedier themselves. 2. The USA Boardwalking League. It's obvious there are more walkers than runners on the lonely boardwalks of N.J. and it's probably like this around the rest of the USA and its many boardwalks and beaches. Proposal: Organize these boardwalk walkers and coach them into being racewalkers. The talent pool of the country would surge up immediately. The USA Bobsled Federation

conducts tryouts on a N.J. boardwalk. The walkers need to do something similar. 3. A major games (Olympics or World Championships) medal for a USA walker. Wouldn't that be sensational! Oh, yes, Elliott also notes that the Elliott Denman, with which we pleaded unfamiliarity when mentioning them in a recent issue, are designed to encourage participation in the non-Olympic distance walks on the annual USATF national championships schedule. Unfortunately, they didn't help too much with this month's annual 40 km championship that Elliott has so lovingly put on for these many years.

IAAF elections. Bob Bowman was reelected to the IAAF (that's the international T&F federation, the controlling body for track, including racewalking, throughout the world) Racewalking Committee, along with Peter Marlow, Great Britain; Gabriel Roldan, Mexico; Luis Saladie, Spain; Shande Yang, China; S. Vegiythuman, Malaysia; Soliman Hagar, Egypt; Sari Essayah, Finland (1993 World 10 Km champion); Khaled Amara, Tunisia; and V. Krasnov, Russia. However, Bob was defeated in his bid to continue as chairman of the committee by Italy's Mauricio Damilano, 1980 Olympic gold medalist and holder of the world's record for 30 Km. The vote count was 101 to 91. Bob reports their were verifiable and witnessed incidents of irregularities in the voting, with the following important points: 1. There were originally three candidates for the position--Bob, Damilano, and Gabriel Roldan of Mexico. 2. As the election approached, it appeared to all concerned that Bob clearly had enough votes to retain the chairmanship. His support was strong in all areas, including Europe. 3. Shortly before the voting, Roldan was called into a private meeting with representatives of his federation and Primo Nebiolo, President (Ed. Some say czar, but I don't really know about that) of the IAAF. Nebiolo insisted that Roldan withdraw from the election. Roldan said no, but his federation withdrew his name anyway under the pressure of the situation. With Roldan now out of the way, Nebiolo's people could concentrate on seeking Roldan's possible votes and setup a one-on-one situation with Bowman. 4. With Roldan now off the ballot, the North American, Central, and Caribbean (NACAC) area appeared to be solidly behind Bowman with its 32 votes. Just before the voting was to start, Nebiolo told Amadeo Francis, President of NACAC and a newly elected IAAP Vice President, that he should influence the votes in his Area for Damilano, knowing Damilano was in trouble. Francis, by his own account, initially resisted, stating that the other other candidate, Bowman, was being supported by his own Area. Nebiolo insisted he do what he said, so Francis went about asking the member federations in his Area to switch their votes to Damilano. Most of them said no and were shocked by his request. Several went to Bowman to express their disgust at what had just happened. Later when Bowman confronted Francis about it, Francis confirmed this, but claimed he was only telling the delegates what Nebiolo wanted. This does not agree with the NACAC delegates' account and, of course, goes against all norms of fair play. 5. The voting system being used for the first time had many problems, the most serious being the possibility of tampering. Despite the selection of scrutineers from the federation delegates, the scrutineers did not have total control of the ballots from the beginning to the end of the process. The delegate from Pakistan observed the following revelation, which he appropriately called "absentee balloting." As the day wore on, fewer votes were being cast from the total number of federations present at the beginning of the session. This became more evident late in the day as they started the voting process for the Chairman of the Racewalking committee. Federations were called to the front of the room to accept their ballot. If a federation was not present, and there were quite a few at this late hour, their ballot was simply set aside. Sometime later those ballots, now marked, were remarkably added back to the collected group. Thus, the term "absentee balloting." The total of 192 votes was at least 20 votes more than the number of federations actually voting! (Bob goes in to some further detail on some of this in a later communication. It all sounds a bit fishy. But apparently Damilano will be the chairman.)

Other IAAF Committee stuff. The 2001 World Racewalking Cup has been awarded to Turin, Italy and 2003 Cup to Naumberg, Germany. On recommendations from the Committee, the IAAF Council approved two changes in the

Competition Regulations: 1. Regulation 717.5.4 concerning the tie breaking rule for Team Scoring in the World Racewalking Cup "Any tie will be decided in favor of the team whose last scoring member finishes nearer the first place." 2. Regulation 202..2.2. The racewalking events in the IAAF World Junior Championships will be the 10 Km (men) and the 10 Km (Women) starting in Santiago, Chile in 2000. . **Where are they now?** In a letter in the July issue, John Soucheck talked about junior mail walkers who have stopped walking. Al Heppner offers the following update on some of these individuals. Chris Brooks--the '98 Jr. National Champion transferred from Parkside after his sophomore year and is no longer walking. Scott Crafton--Attending Indiana University. Unsure of walking status. Glenn Osten Anderson--Attending the U. of Pennsylvania. He is recovering from an injury. Plans on returning to action this year. John Nunn--The '97 Junior National Champion is currently on a mission in Las Vegas. His mission ends on November 8 and then he will resume full-time training. Off of minimal training, he did 21:50 on the track by himself. Look for him to make some noise on the senior level. Brian Colby--Joined the military (Air Force Academy?) Brandon Perry--Haven't seen him since Junior Nationals in 1994. Justin Marrujo--The two-time Jr. National Champion completely disappeared from the walking scene after his win in 1995. David Rose/David Michielli--Soucheck listed him as two different people, but there is only one "IG" as he was called in college. Rose was the name he used in high school. Michielli is his birth name and Parkside Cross cuntry coach Lucian Rosa liked to call people by their last names, so Michielli stuck throughout college and it's the name he uses now. Michielli entered the "real world" after graduating in 1998. He is currently working as the marketing manager at Cherry Electronics in Kenosha, Wis. Will Van-Axen--After a brief stint at the USOC training center, the 1993 Jr. National Champion returned to Kenosha and is training to become a fireman. Chad Eder--The 1996 NAIA champion retired after the '96 Olympic Trials and currently works as a financial consultant for Pipper Jaffay in Washington state. He is also my financial advisor. (Ed. Gosh. I didn't know "professional" racewalkers had any finances to advise on.). Al says "My take on Soucheck's letter is this: Unless an athlete is extremely motivated and wants racewalking to be the center of his life, what motivation is there to continue after the Junior level? It's not real exciting to go from a Junior National Champion one year to 11th or 12th in the senior ranks the following season. (Ed. We would have to note that you can drop a whole lot further in many other events, but that in those events, of course, there is much more opportunity at the collegiate level.) It takes a lot of effort and desire to bridge the gap. Furthermore, the last thing many kids want to do when they get to college is racewalk. Parkside is an exception to this rule, because the school has a team. But when an 18- or 19-year-old male is by himself, frankly he's more likely to train for the beerathon or play the dating game. Finally, training after college means putting your career on hold. It's very difficult to train and work full-time. There are notable exception, such as Jonathan Matthews and Gary Morgan, but they are established veterans with a multitude of training experience. None of the racewalkers at the training center work "career jobs". The bottom line is, even if you're number one in the nation, you're not going to make money off racewalking. For some athletes, that's enough in itself to make them move on with their lives". . **Potomac Valley 50 Km off.** We mentioned last month a 50 Km race in Alexandria, Virginia in November. This from Sal Corrallo regarding that race: The PVTC had proposed putting on both 50 and 20 races on November 7, if the demand warranted it. I have had only a few responses for the 50, but more interest in the 20. I also noted a 50 in Ohio the week before. Thus, we will not be conducting the 50 km Olympic Trials qualifying race on Nov. 7, but encourage all those interested in doing a 50 to contact Vince Peters in Ohio (see race schedule). We will, however, conduct an open 20 Km qualifying race on the track at T.C. Williams H.S. in Alexandria on Nov. 7 at 10 am. Race day registration only. It will be preceded by a 1 Hour walk. (Again, see the schedule.). . **Angry Mexicans.** (From Stephen Wade Associated Press release, Aug. 26) Mexican racewalkers Joel Sanchez, Miguel Rodriguez, and Carlos Mercenario have a message for their national athletics federation: Take a hike. Mexico has a strong tradition in the event, but

Sanchez and Rodriguez didn't finish Wednesday's 50 km walk in the World Championships, and Mercenario was a disappointing 24th. "The federation isn't interested in the walkers," Sanchez said. "They want victories, but they don't support us." We lack many things, " Rodriguez said. "We need more help and when we ask they make us wait and everything is paperwork." Sanchez dripped out of the race because he didn't want to reinjure a tender heel. Rodriguez said he quit because his "legs had nothing left." "We don't have a doctor, we don't have a physiotherapist, nothing," Sanchez said. "We feel abandoned. They hear you, but they don't pay attention." **New video/ARCO fund raising.** From Elaine Ward: As a means of raising funds for the Olympic Development Program at the ARCO Olympic Training Center, Coach Pena, Jefferson Perez, Curt Clausen, and the other athletes at the Center teamed up with the North American Racewalking Foundation to make a new video--*How To Walk Faster--Tips From the Pros.* Coach Dave McGovern--who has written a definitive book, *The Complete Guide to Racewalking Technique and Training*, has this to say about the new video. "This video is, bar none, the most informative racewalking video I've ever come across. The technique tips and supplemental exercises presented by coach Pena and his stable of champion racewalkers will do exactly what the promise: They'll get you walking faster in no time! I plan on using this video in all of my World Class Racewalking Clinics." Just the segments of Jefferson walking and demonstrating are quite wonderful to see as are the segment of the athletes in training at the Center. We have posted information about an accompanying manual and items used in the video. Address: <http://members.aol.com/RWNARF> and click on books and videos. For more information e-mail Elaine at NARWF@aol.com or write her at P.O. Box 50312, Pasadena, CA 91115-0312. Phone 626-441-5459. . **Shimko book.** Valerie Silver reports that Ukrainian Alexander Shimko has had his book on racewalking translated into English and has started a website. He is selling the book via download from the website. Valerie says, "I read the book in Russian in '97 while in Moscow and found it pretty good, with some very good illustrations." On visiting the website, I see, among other things, that Shimko "guarantees that any walker in civilized country can repeat Mexican fantastic flight but using new qualitative level if Alex Shimko will be his coach. I know how to train the sportsman for walking 20 or 50 km--1:14--1:16 and 3:32--3:34; woman faster than 40 minutes." That sounds like things a lot of you folks would like to achieve, though we haven't seen any of his athletes at those levels yet. The only athlete he claims in his spiel is Anatoliliy Gorschkov, whose best result was third (1:20:04) in the 1987 World Cup in New York City. Shimko himself had a best time of 42:27 for 10 in 1974. In talking to Ron Laird recently, I learn that Shimko has been in touch with him and would like to come to this country to launch some sort of training facility. Anyway, those interested in more information and with access to the web can go to <http://racewalking.cjb.net>. .

It's Limerick Time

In days long gone, I occasionally used limericks to describe the racewalking scene. A few from June 1971, when Larry Young had just come back (and had been given a racewalking scholarship to Columbia (Mo.) College), Ron Laird was there as always, Goetz Klopfer was tough to beat, and we still remembered the '68 Olympics when Mexico's Jose Pedraza, the start of the Mexican revolution in the sport, ran into the Mexico City Stadium to move into second, and when the judges failed to act, left our Rudy Haluza a place short of a medal:

After taking two years on a spree
Of high living, debauchery, and glee
Larry Young came right back
And caught up to the pack
Using walking to get college free.

Devoting his life to the race
Training to keep up the pace
Adds to 100 gold
And memories untold
For Ron Laird, who others still chase.

Though meat never touches his lips
Fruits, nuts, and stuff keep his hips
Movin' long out in front
In the racewalking stunt
As most of us walkers Goetz whips.

The Ohio Racewalker you see
Is done by a guy I call me
The typos are many
Organization--any?
These things just aren't my cup of tea.

Well, looking back at these has inspired me anew, perhaps to the chagrin of readers who must suffer through the following:

The crowds on the course all say "Wow!"
When they see the fleet-footed Dow
From the heel to the toe
Just watch Joanne go
She with grace the Lord did en-Dow.

The small but the mighty Michelle
She 'Rohls' along quick as hell
She pushes her Mike
He sure can't just hike
That gal sure can answer the bell.

That racewalker Clausen named Curt
He often does win with a spurt
Twenty or fifty
He's really quite nifty
Oh yes, he's a walking expert.

Segura from old Mexico
That racewalker named Bernardo
The record he holds
His career still unfolds
But he'll win some more, that we know.

On a higher level of poetry, Alice Jean Wood, long-time Virginia subscriber, sent me the following with her recent renewal. Haiku in two parts:

Swiftly over sand
Running you may leave behind
That which might have been

Softly over snow
Walking you may overtake
That which yet may be.

Walking judge is a job that I won't
Anytime in the future much want
Quote, "A red flag for me!"
Or "Look at him with bent knee."
You are damned if you or you don't.

What's become of our good friend Jose
Who ran past the Russian, ole
Cost our Rudy third place
Made the judge hide his face
But for the natives he sure made the day.

Not just racing, Al gives us more
This Heppner is sure not a bore
Besides his great speed
He fulfills a need
With his press releases galore.

Matthews, we mean Jonathan
He can walk, he can bike, he can run
Age shall not deter
This man is a blur
And he has his New Balance on.

Dapper Dave he don't even know
That at his age he ought to be slow
Romansky is fast
For the race he will last
Mental toughness how he does show.

Youth Development

(In another response to John Soucheck's letter in the July issue--see also Al Heppner's response on page 10--Tom Eastler has sent the following.)

I couldn't help but be attracted to the John's comments about the "limited depth in a state with the population the size of Maine." I'm not quite sure how to interpret his meaning there. I think that he is suggesting that we don't have anywhere near the population of athletes that New York has and therefore we have less chance of drawing out large numbers of really good athletes, hence his time would have advanced him to the State Championship in Maine, but not in New York????

Well, the population numbers are certainly informative: Maine had a population of 1,244,250 (est. from Bureau of Census) in July of 1998, and New York had a population of 18,175,301 at the same time..about 14.6 times the population of Maine. Maine, hte largest by far of all the New England states, has a land area of 33,215 square miles, giving a 1998 population density of about 38 per square mile. New York has a land area of 47,225 square miles with a population density of about 385 per square mile...10 times the population density of Maine.

With all this said, let's check the veracity of John's argument about depth of talent versus population (or population density, if you wish). In the spring of 1999, Maine sent 10 high school racewalkers to two major outdoor meets, the National Scholastic outdoor meet in North Carolina and the Junior National Championships in Texas. Maine brought back eight All-American awards including a second place finish in the boys 10 km and third place in the girls 10 km in Texas. Based on population, New York state should have sent 146 high school racewalkers to these meets and brought home 116 All-American awards (impossible to do because there were only 24 such awards available in both meets combined, and Maine captured fully one-third of those awards) just to be proportionally even with Maine.

If we ignore the above and just look at qualifying times, one must compare 1998 times between Maine and New York, not those from different years, otherwise we might have to put in the 6:11.98 mile walked by a Maine high schooler about 4 years ago for comparison. Right now the pool of New York high school males is very small and possible shrinking(???), but the pool of Maine males, also small, is growing rapidly. .the best Maine walkers are in the 6:45 mile range as are the best New York males. The New York girl's pool is large (over 20 compete at the NSI each year, thus walking less than 8:15 for a mile) and apparently stable, but the pool of Maine girls is small (only three qualified for the NSI this past year, but many have already qualified for next year, including an 11-year old who just walked a 7:40 1500 m at the JO championships in Nebraska) but growing rapidly. The best N.Y. times are faster than the best Maine times, but that disparity is disappearing rapidly.

Anyway, I actually enjoyed John's comments on the whole, but I believe that the problem of youth development is not a population related problem, it is one of perception. Maine has only two years of high school racewalking, and we are already sending four of our athletes to the one-week junior/open camp at Chula Vista. Where will we be in another 10 years if interest in racewalking continues to grow at the rate it is currently growing? Just looking at the results from last year's state championships and comparing them with this year's is very informative. . the times are coming down rapidly, as one would expect, and I predict that the trend will continue. (Ed. If all 50 states should adopt racewalking into their programs and grow as Tom foresees in Maine, don't expect complete coverage of all the meets in the *Ohio Racewalker*. But, that would certainly be a welcome problem.)

Looking Back

30 Years Ago (From the September 1969 ORW)--With altitude a definite factor, Bryan Overton won the National 50 Km title at Lake Tahoe in 4:56:07. In a very small field with few elite walkers present, Bob Kuchar, in only his fifth walking race, took second. After finishing in 5:06:29. Bob reportedly donned his backpack, strolled off into the woods, and has apparently not been since around walking races. Bill Ranney was third in 5:12:28. . Ron Laird was an easy winner of the National 25 Km at Kings Point, N.Y. Ron finished in 2:02:32, followed by John Knifton (2:05:05), Canadian Marcel Jobin (2:07:17), Gary Westerfield, Steve Hayden, and Ron Daniel followed. . Great Britain's Paul Nihill won the European 20 Km title in 1:30:41, with Caraiioafoglu of Romania surprising Soviet ace Nilolai Smaga to capture the silver in 1:31:06. East Germany's Christoph Hohne won the 50 as expected in 4:13:32 with his teammate Peter Selzer second. . Colin Young covered 129 miles 1155 yards in an English 24-hour race and Nihill won the 20 Km in a match with France and Czechoslovakia, finishing in 1:28:18.

25 Years Ago (From the September 1974 ORW)--Two-time Olympic gold medalist, 38-year-old Vladimir Golubnichiy won the European Championship at 20, upsetting West Germany's Bernd Kannenberg by 8 seconds in 1:29:30. Hohne won again at 50, this time in 3:59:07, 3 1/2 minutes ahead of Otto Bartsch of the Soviet Union. Selzer, and Italy's Vittori Visini were close behind. . Mexico's Raul Gonzales made his big splash in the sport with a 1:27:53 20 Km in a dual with Canada. Daniel Bautista, the Olympic champion 2 years later, was left more than 4 minutes back. . In London, Roger Mills bettered the world best for 1 mile (6:10.4 by Dave Romansky) with a 6:09, beating France's Gerard LeLievre by 2 seconds. . East Germany's Peter Frenkel recorded a stunning 1:23:30 for 20 Km in a Czech race. . Sue Brodack won the women's International 5 Km in Stockholm, leading the U.S. to second-place team finish.

20 Years Ago (From the September 1979 ORW)--Mexico defended its World Cup title in Munich despite the absence of one of its top competitors, Domingo Colin, and a subpar performance by Raul Gonzales. Daniel Bautista left the 20 km field at the starting gun and proceeded to record solo splits of 19:21, 39:05, and 58:52. Slowing only slightly, he finished in 1:18:49, 57 seconds ahead of second place Boris Yakovlyev of the Soviet Union. The Soviets also captured the next three places (with Mexico's Ernesto Canto sixth) and led Mexico by three points after the race. Jim Heiring led the U.S. effort with a 1:28:31 in 31st. Trying to repeat his teammate's tactics, Gonzales overdid it. With 10 splits of 42:47, 1:25:03, and 2:07:29 (a 3:32:30 pace), he left the field well back, but only succeeded in killing himself. But teammates Martin Bermudez and Enrique Vera came to the fore, finishing one-two in 3:43:36 and 3:43:59. Viktor Dobrovski was third for the Soviets and Gonzales hung on for third in 3:46:26 (note he was still under 1:39 for the last 20). Mexico finished 5 points ahead for the two races. East Germany was third, Italy fourth, and the U.S. 13th. Vincent O'Sullivan (4:12:15) and Marco Evoniuk were 34th and 35th for the U.S. Britain's Marian Fawkes won the women's 5 Km in 22:51 to lead her nation to victory over Sweden. Susan Liers came 10th (24:02) to lead the U.S. to fourth place. . Marco Evoniuk won the U.S. 50 Km title in 4:15:07, followed by Dan O'Connor, Carl Schueler, and O'Sullivan. . The European Junior 10 km title went to Czech Josef Pribilinec.

15 Years Ago (From the September 1984 ORW)--With no chance of Olympic glory (boycott), East Germany's walkers took out frustrations on a 50 km course in Berlin. Ronald Weigel finished in a startling 3:38:31, better than 2 1/2 minutes better than Gonzales' world best. Hartwig Gauder was less than 3 minutes back, just missing the Mexican's mark. . A week later, Weigel did 20 Km in 1:19:56, leaving Gauder far back this time. . Mexico's Carlos Mercenario, World Cup champion 3 years later, won the Pan-Am Junior 10 km in 48:52, with Troy Englehardt of the U.S. second in 50:49. . In England, Brian Adams covered 100 miles in 17:39:28, with John Cannell also under 18 hours. There were 11 under 20 hours in the race. Sarah Brown won the women's race in a superb 18:36:29.

5 Years Ago (From the September 1994 ORW)--Russia's Valeriy Spitsyn was an easy winner in the European 50 Km Championship. His 3:41:07 effort left France's Thierry Toutain nearly 3 minutes back (3:43:52). Giovanni Perricelli, Italy, was another 63 seconds back. Early leader Jesus Garcia of Spain, the 1993 World Champion, faded to fourth in 3:45:25. . Irina Stankina, Russia, and Jorge Segura, Mexico, emerged as World Junior Champions. Stankina won the women's 5 Km in 21:05.41, 6 seconds ahead of Susanna Feitor, Portugal. Segura (40:26.93) had the same margin over Russia's Evgeniy Shmaluk in the men's 10 km. . Kerry Saxby, Australia, won the Commonwealth Games 10 Km in 44:25, with Anne Manning, Australia (44:37) and Janice McCaffrey, Canada (44:54) following. . The Goodwill Games 20 Km in St. Petersburg, Russia went to Mexico's Bernardo Segura in 1:23:29. Allen James came seventh in 1:27:48. Olimpiada Ivanova of Russia won the women's 10 in 42:30.31 with Yelena Saiko, Russia, and Sari Essayah, Finland, also under 43 minutes. Michelle Rohl was ninth in 44:42.



The Irish 20 Km World Cup Team. The youthful team has been recording some impressive times over the course of the summer. From left: Team Manager Ray Flynn, Robert Heffernan (21), Jamie Costin (22), Pierce O'Callaghan (23), and National Team Coach Bernie O'Callaghan. (Jimmy Costin photo.)